

Second Term Home Assignment during Vacation
Worksheet-01, Date: 06/07/2020
Class: VI, Subject: Physical Education & Health
Subject Teacher: M A Jalil, Email: majxbn@gmail.com

Chapter-3: Introduction of Health Science and Health Service
Lesson-1: Conception regarding health science and its necessities

- Question 1:** What is Health Science?
- Question 2:** What is Health?
- Question 3:** What is necessary for good health?
- Question 4:** What is necessary for making body fit and strong?
- Question 5:** What is our most valuable wealth?
- Question 6:** What is required to maintain good health?
- Question 7:** What are the objectives of studying medical science?
- Question 8:** What is called good health?
- Question 9:** What is very much essential for a person in a society?
- Question 10:** What can bring happiness to a human being?
- Question 11:** What makes the mind unwell?
- Question 12:** When it is not possible to concentrate on study and work?
- Question 13:** Why one should try to keep oneself well?
- Question 14:** What is Health Service?
- Question 15:** What is the good habit for sitting, walking and sleeping?

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